Good for you!

Five-a-day

words and music by
Jonathan Willcocks

With energy and vitality
♩ = 124

f

(sim)

mf

You want to be the best?_ Stand out
run so fast?_ Ne - ver

from the rest?_ You want your looks to be___ on
come in last?_ You want to grow up fit___ and

top of the pile,_ have a win-ning smile? You want to be the first?
stand up so tall,_ fair - est of them all? You want to have a boost?

And ne - ver be the worst? It's ea - sy,
and al - ways rule the roost?

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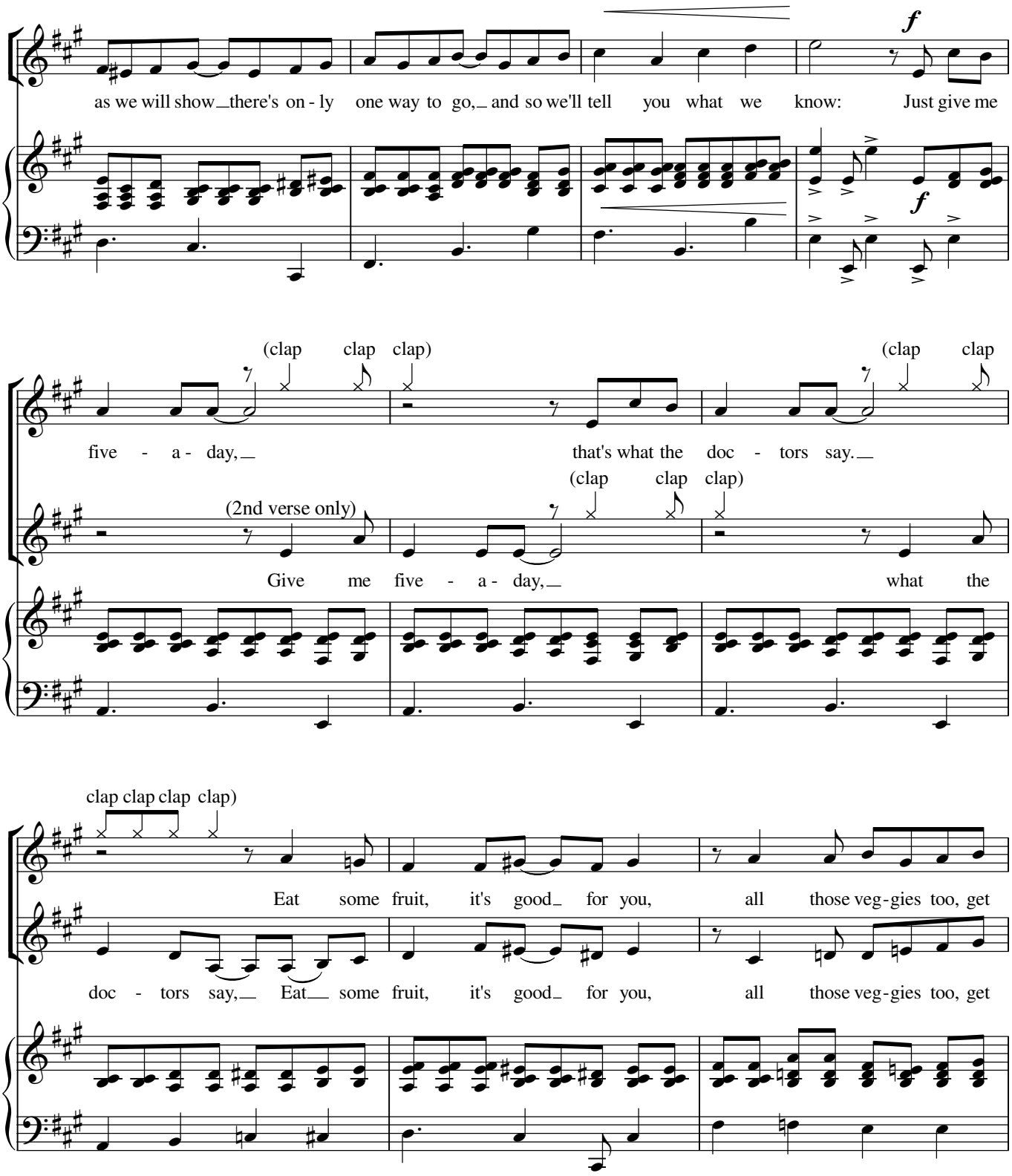

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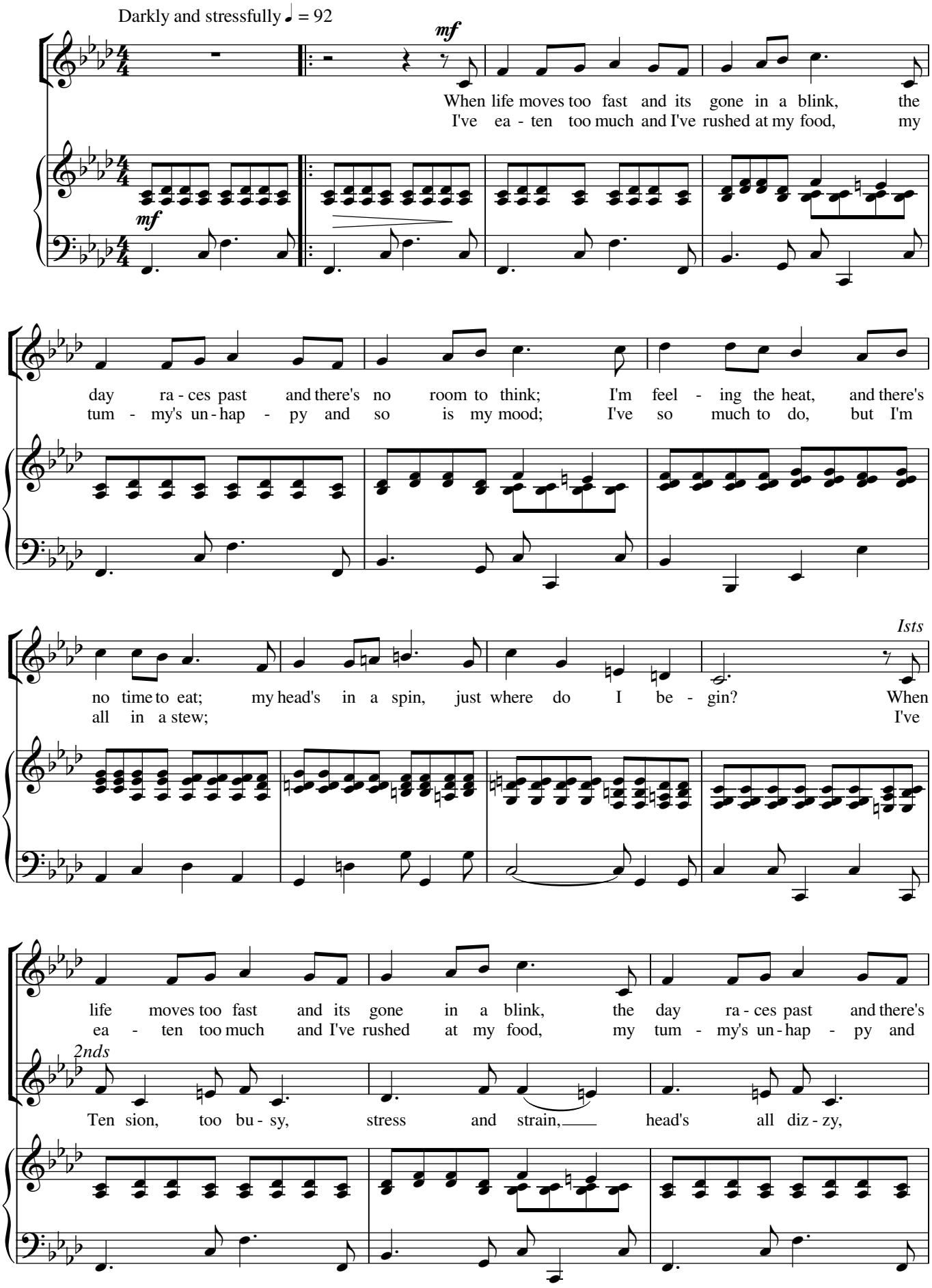
Relax



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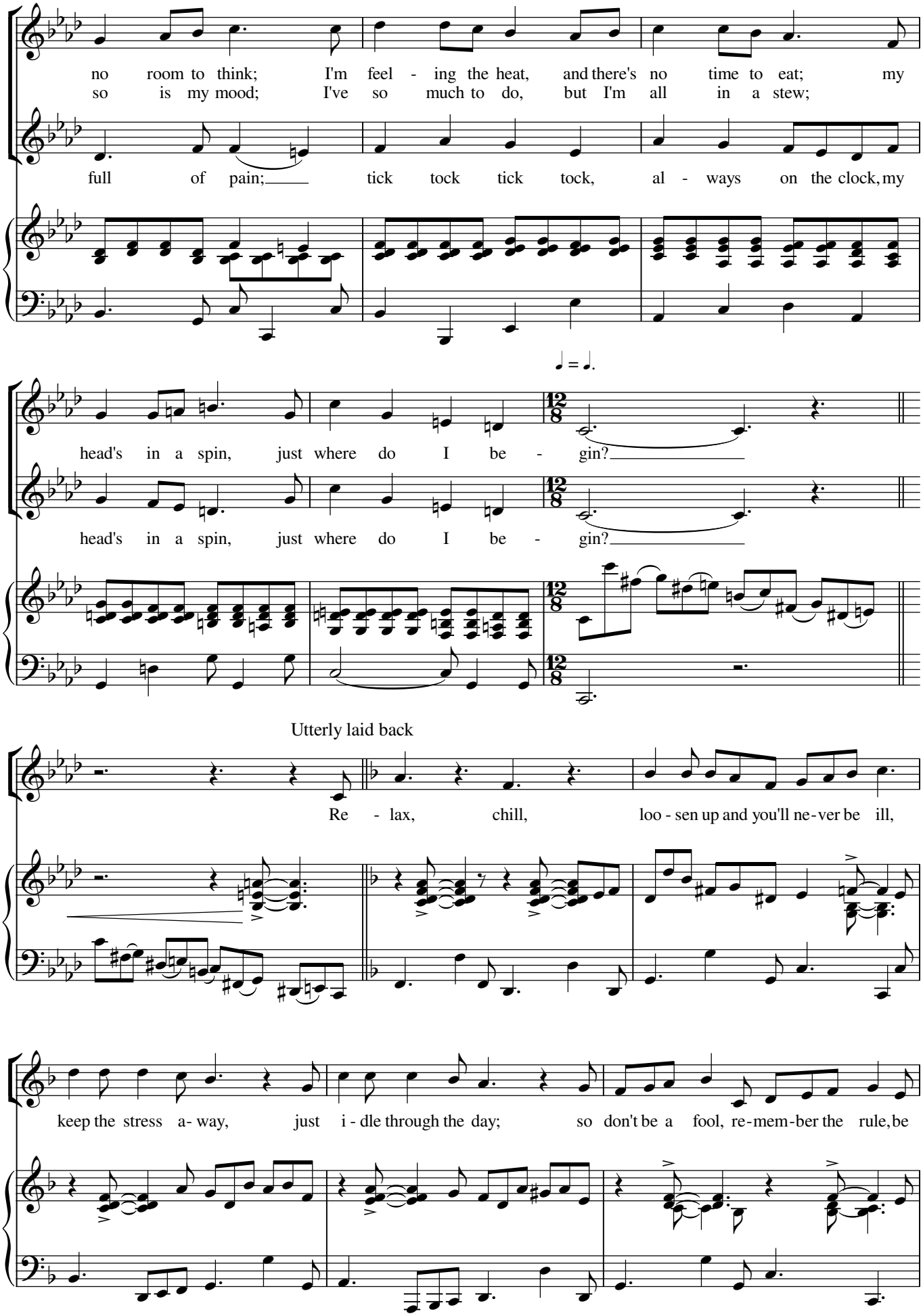

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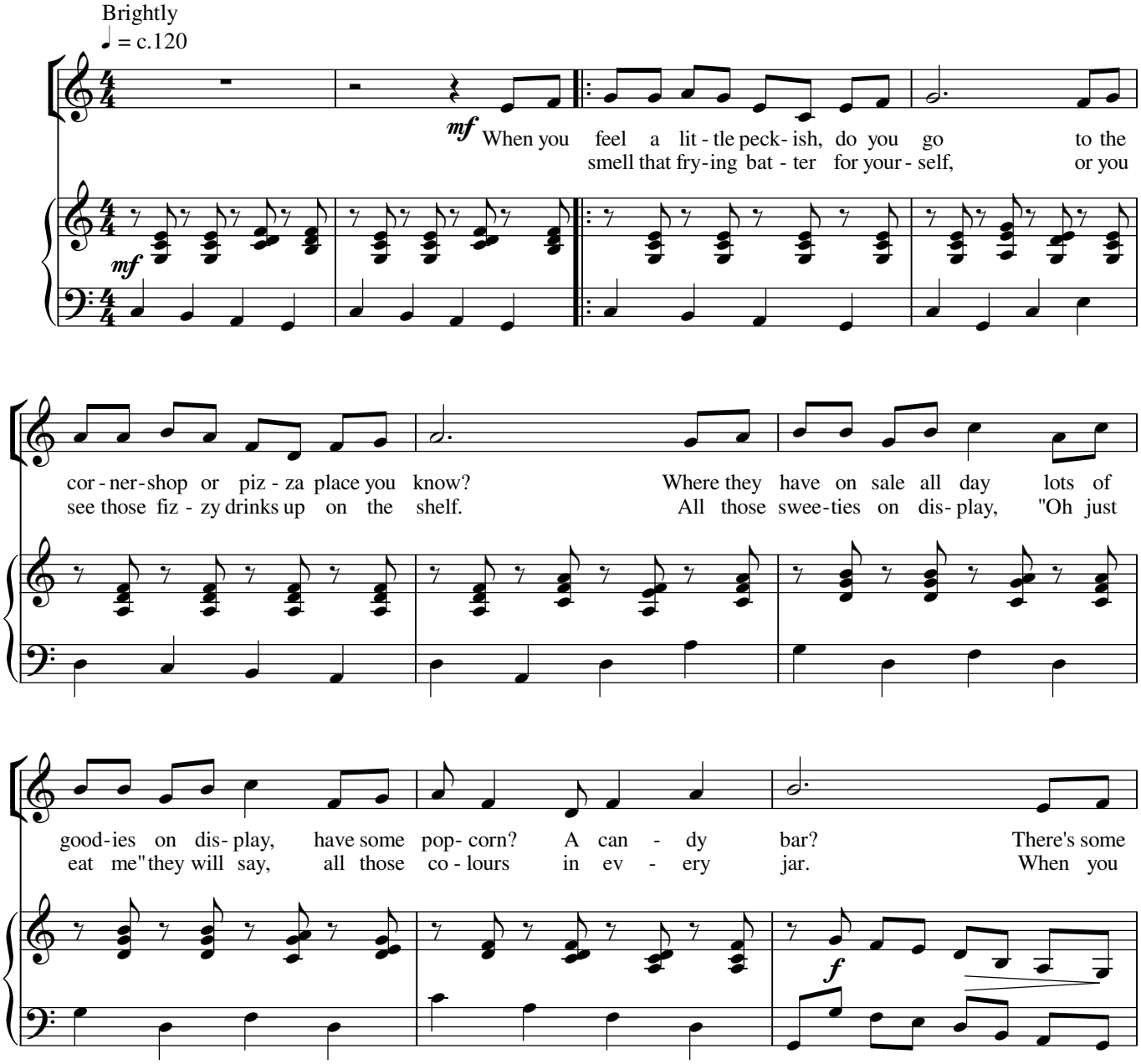
Junk!



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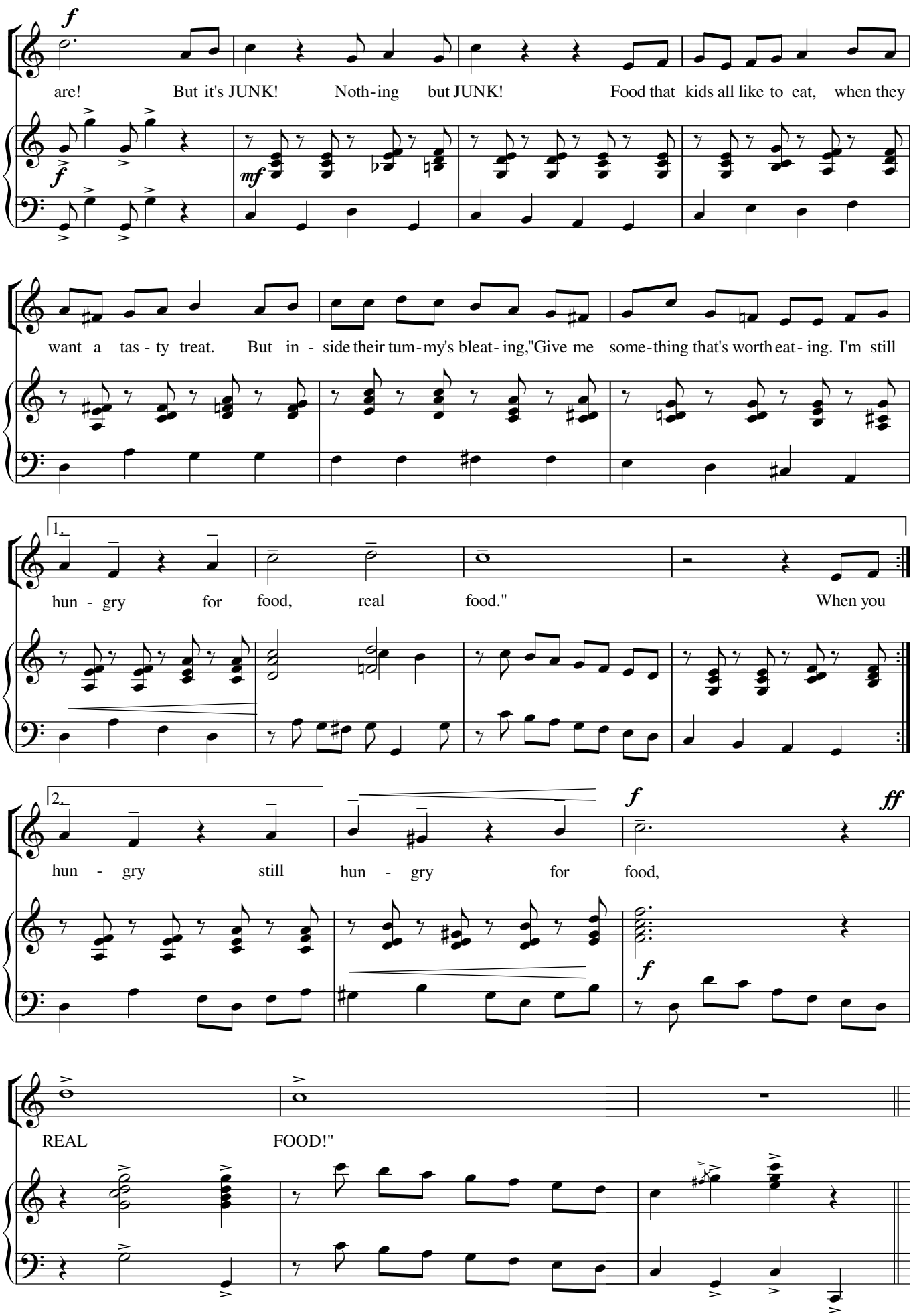

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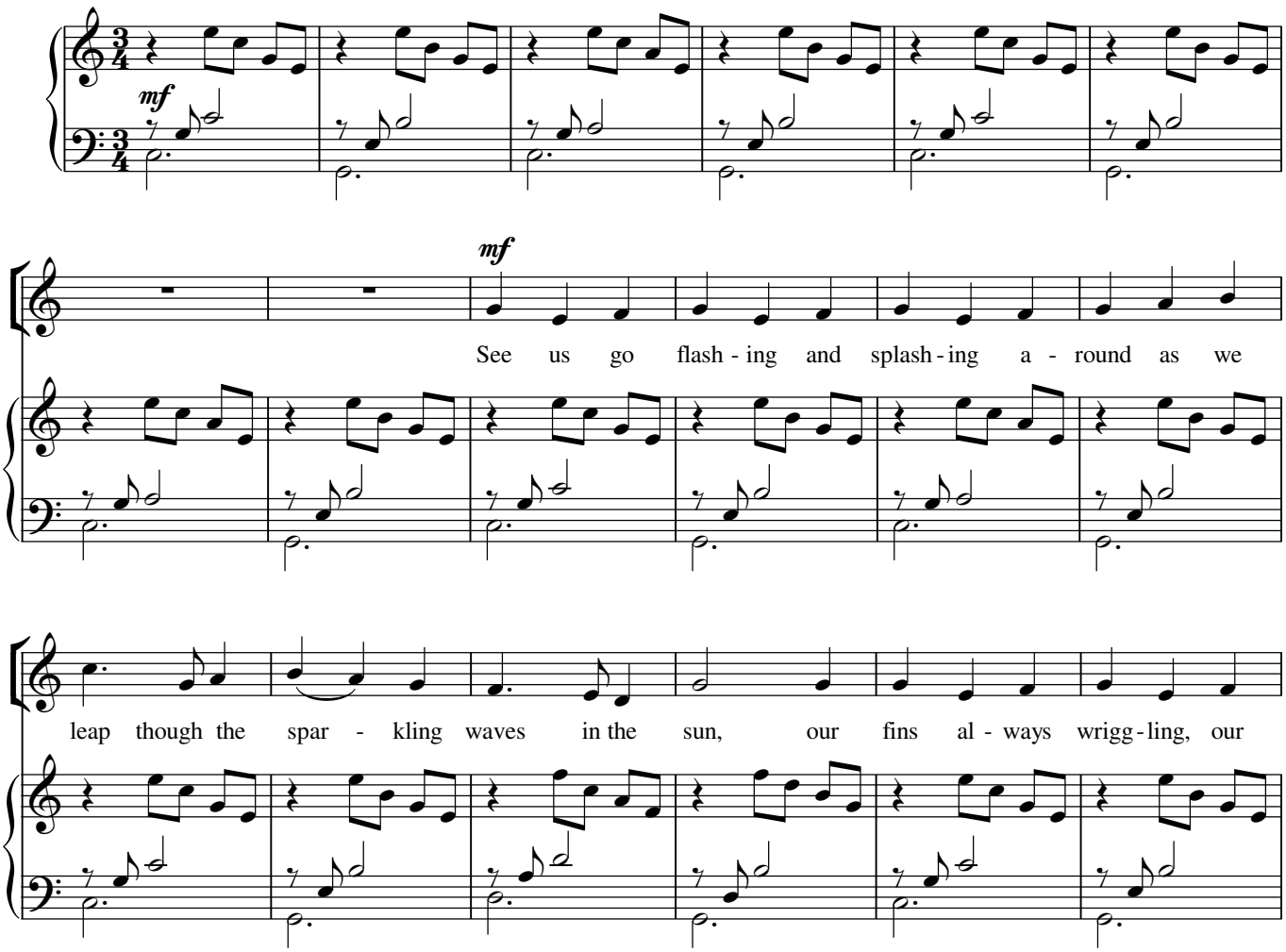
Song of the Fish

Going swimmingly

♩ = **160** *(1 in a bar)*



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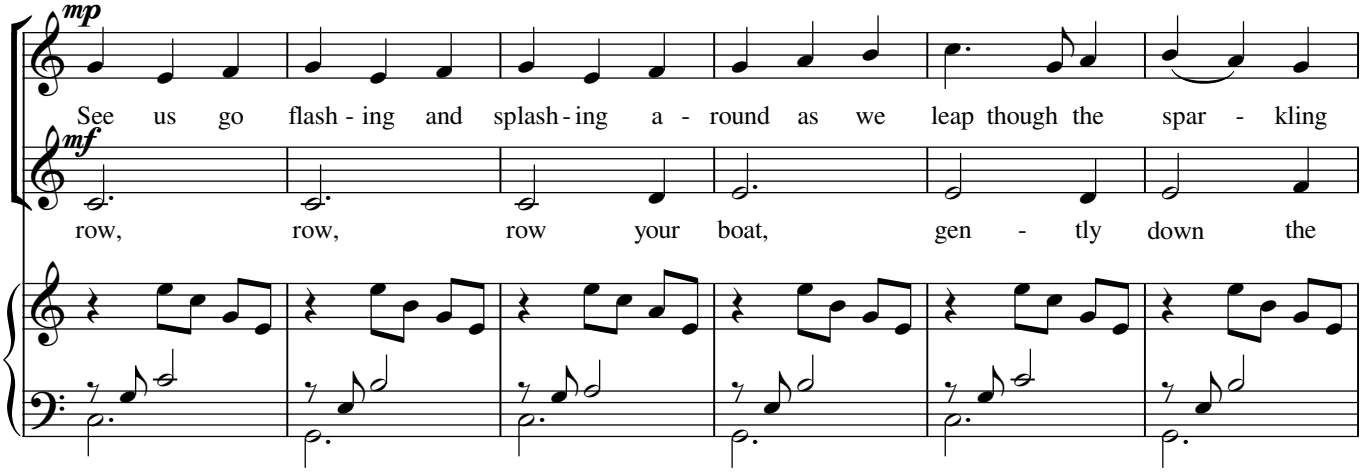

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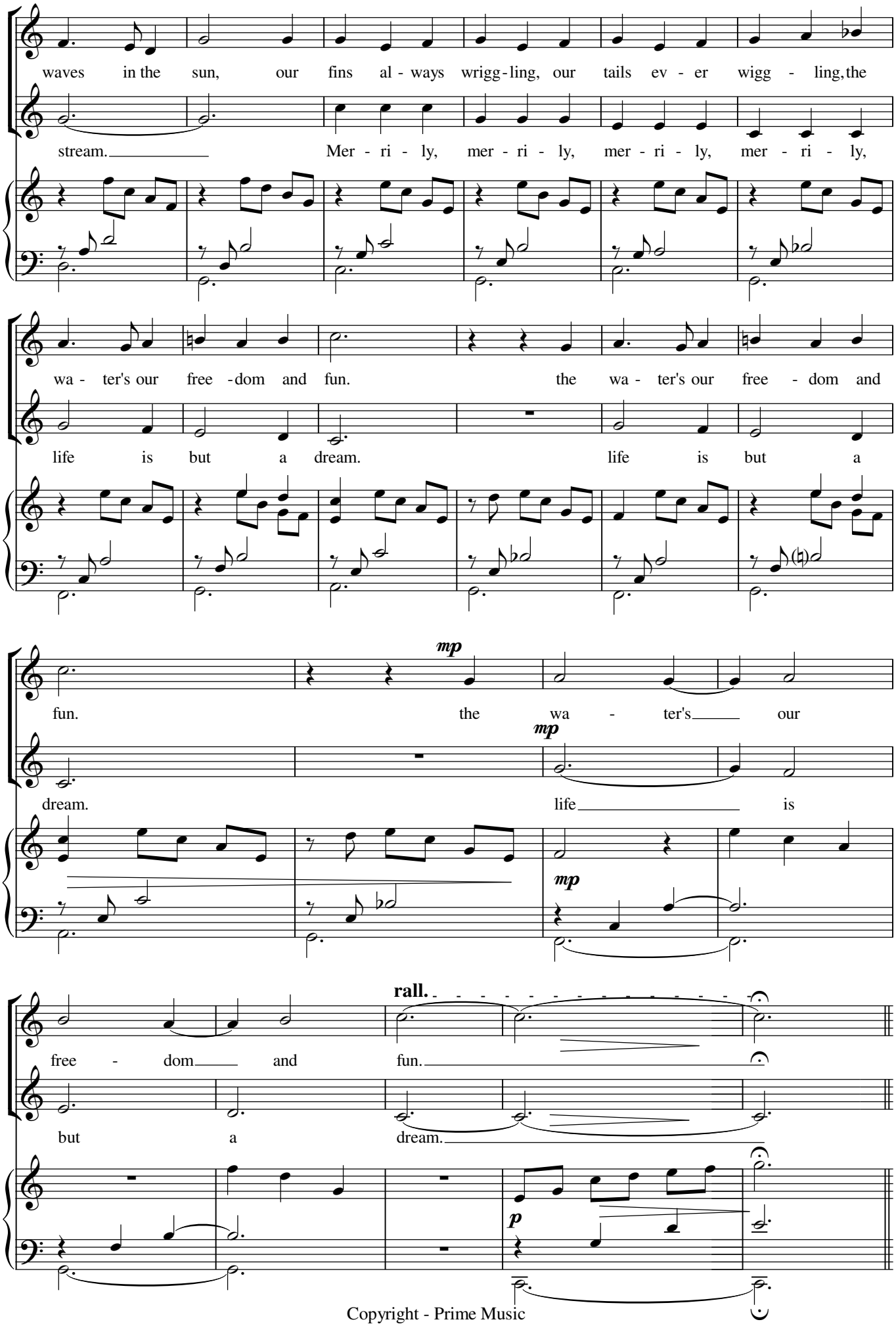

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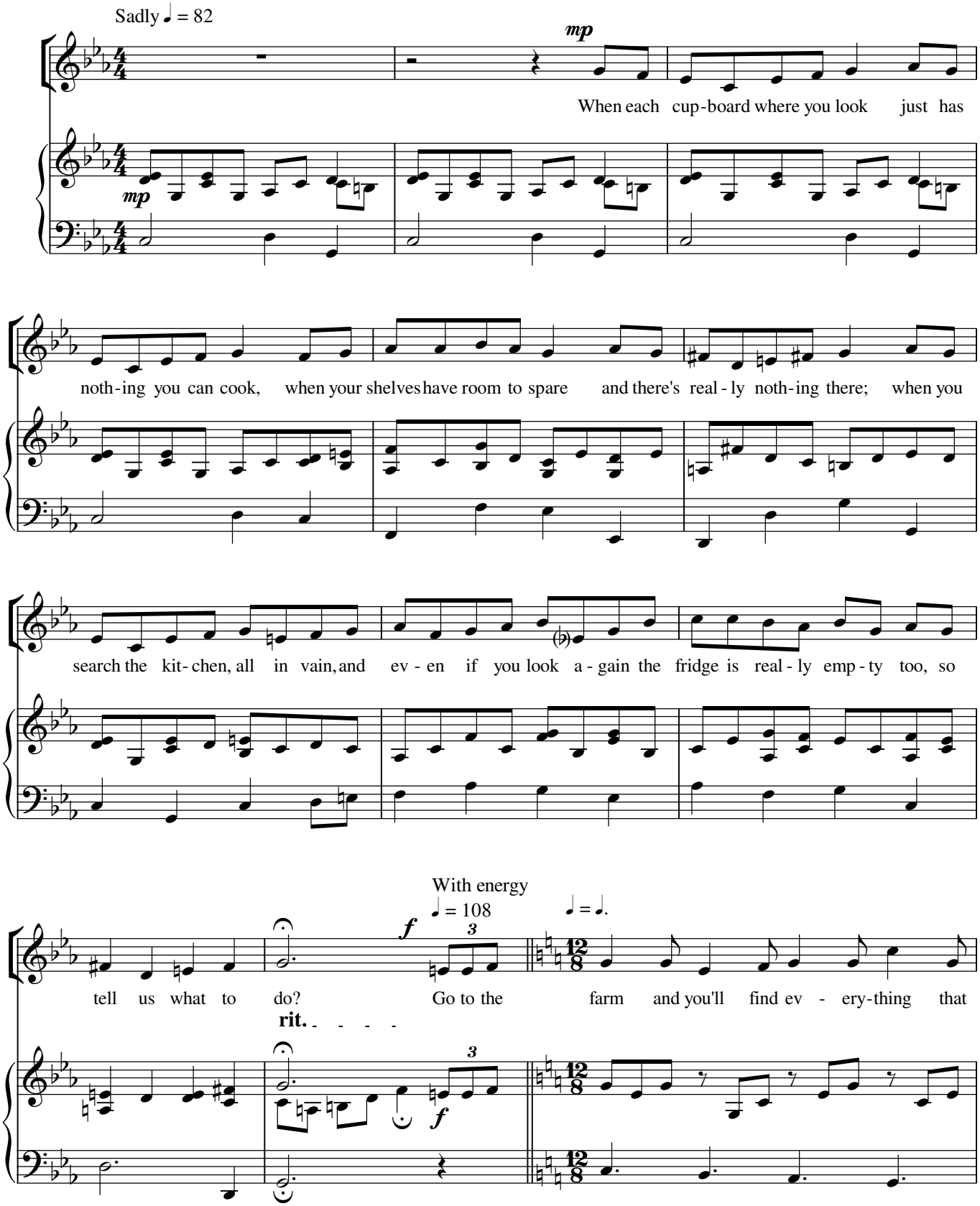
Go to the farm



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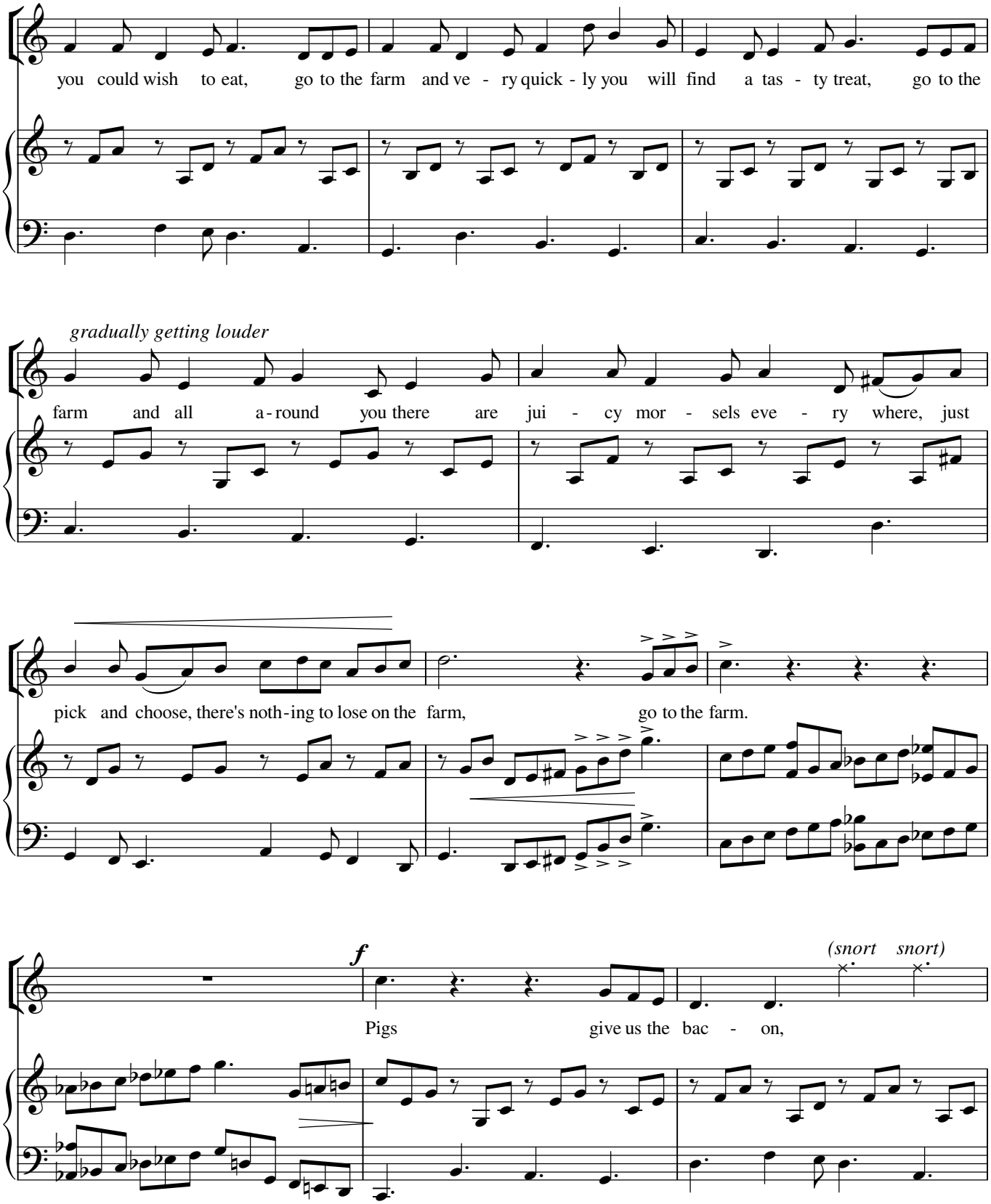

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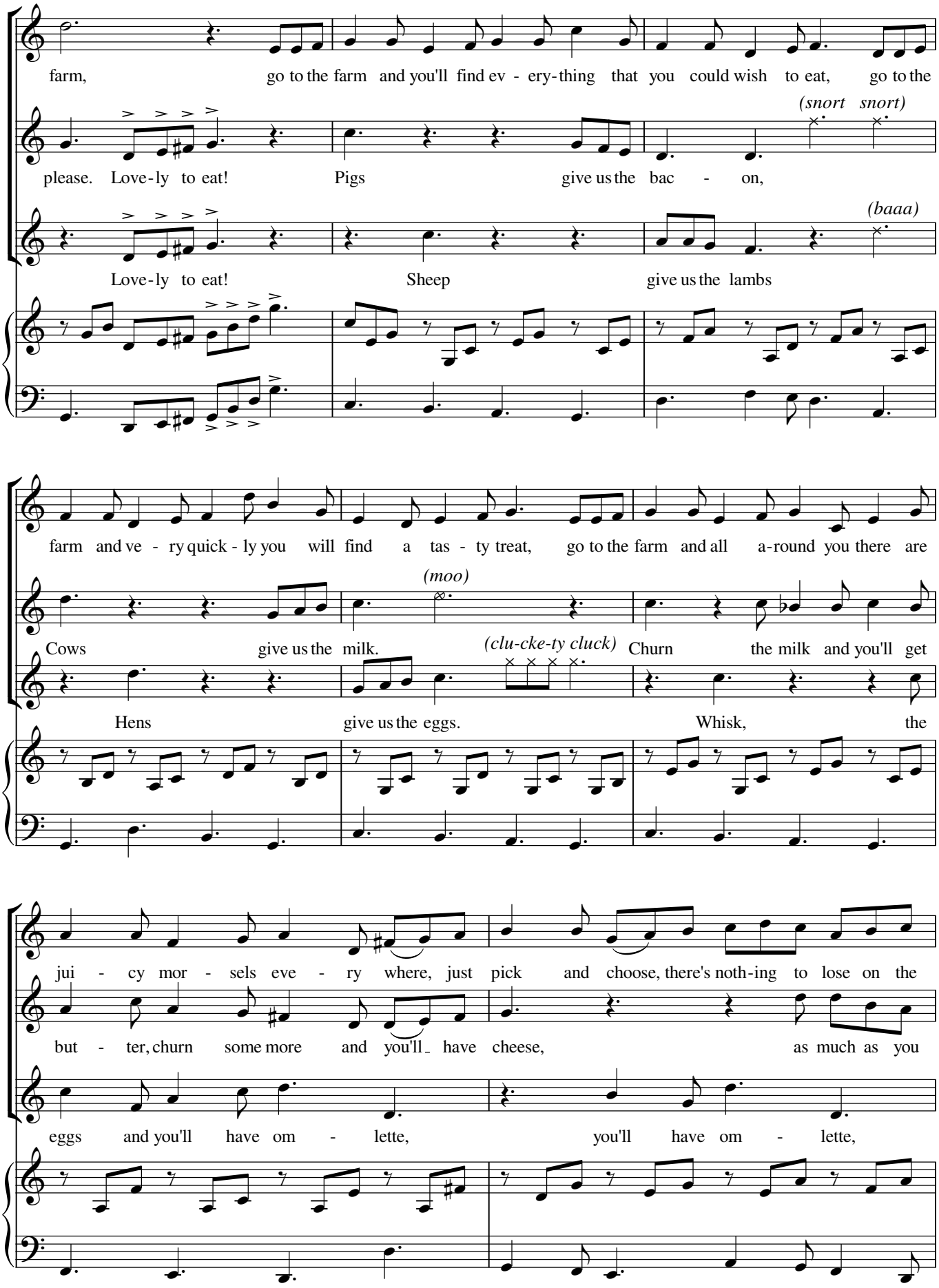

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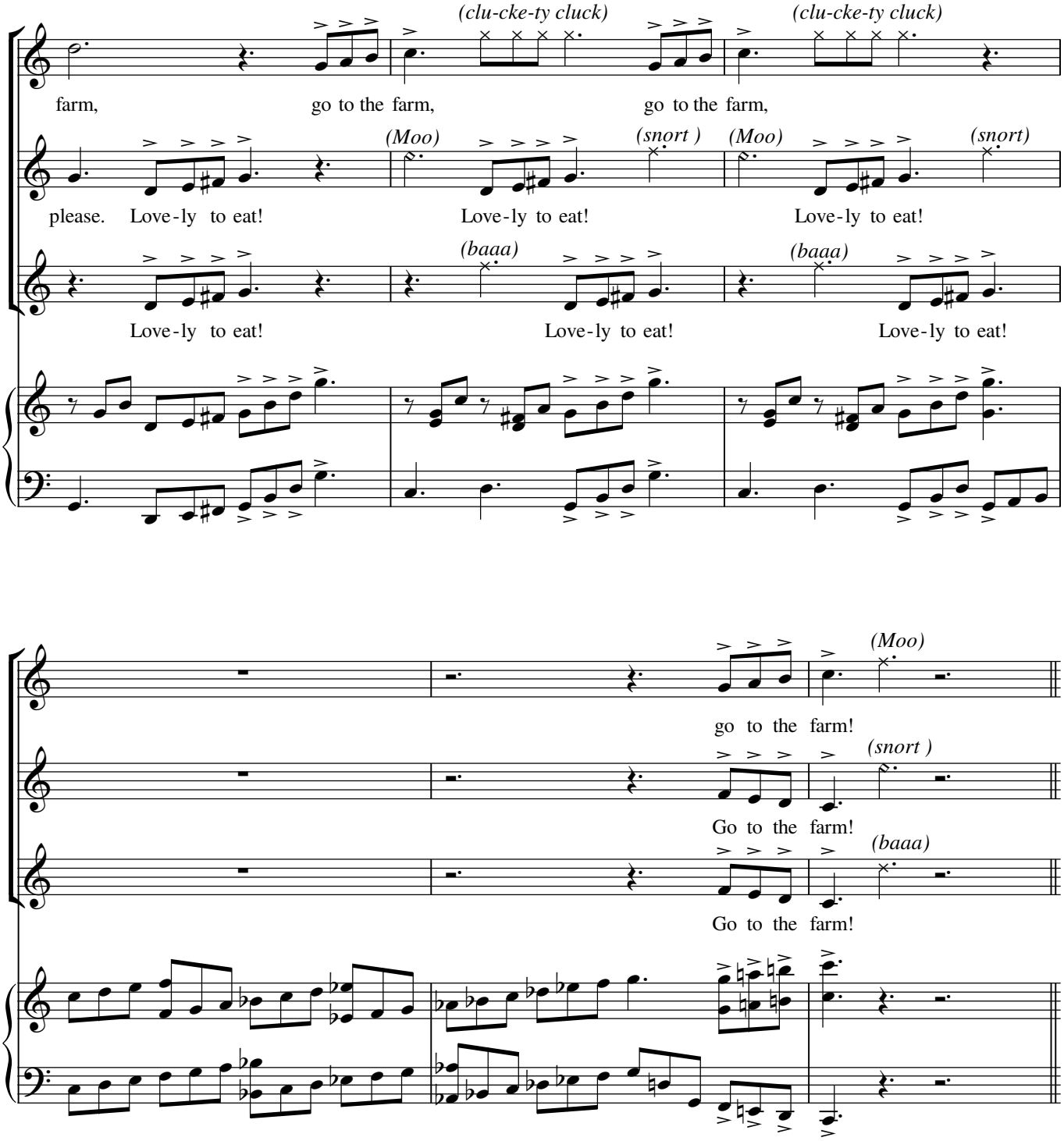

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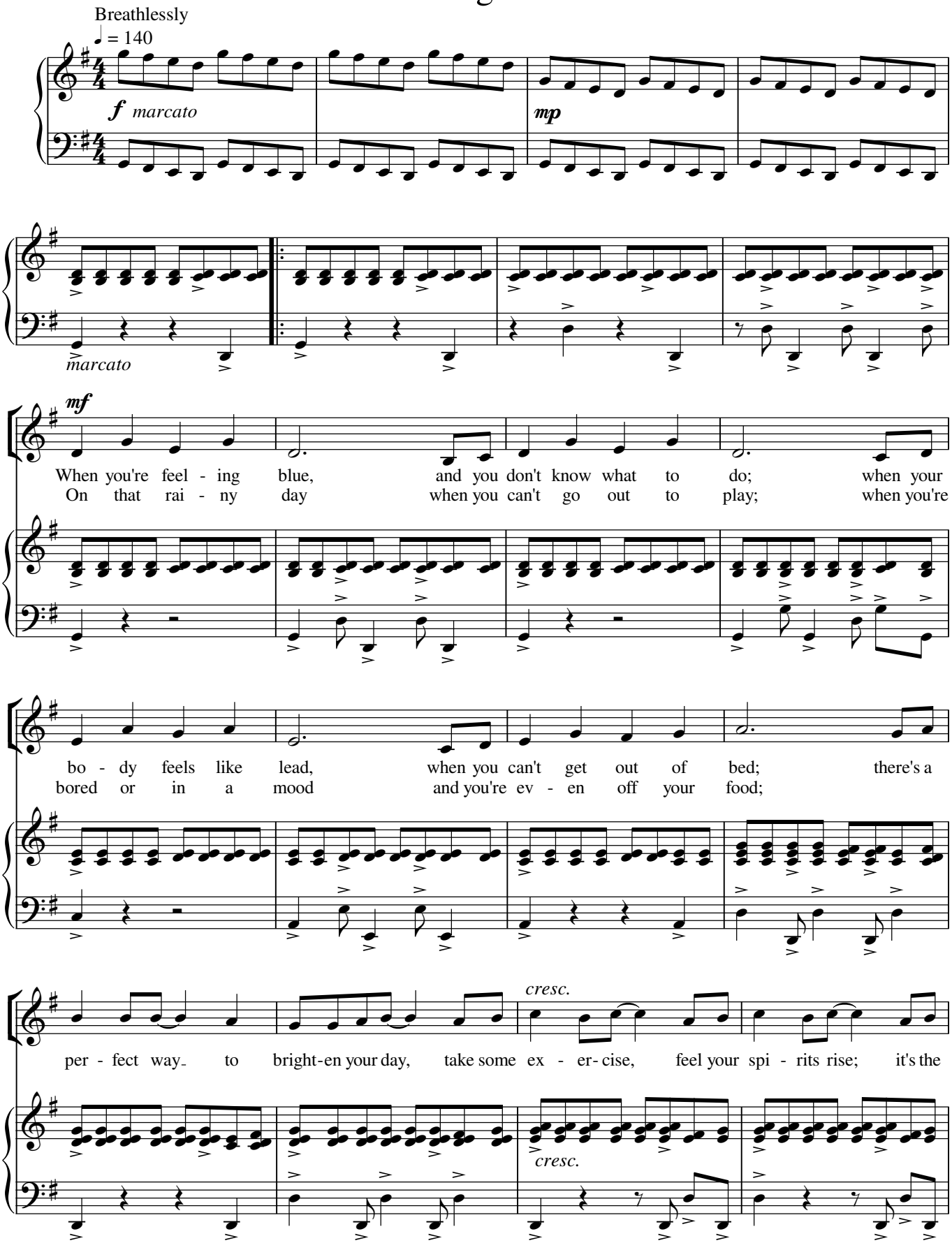
Running order



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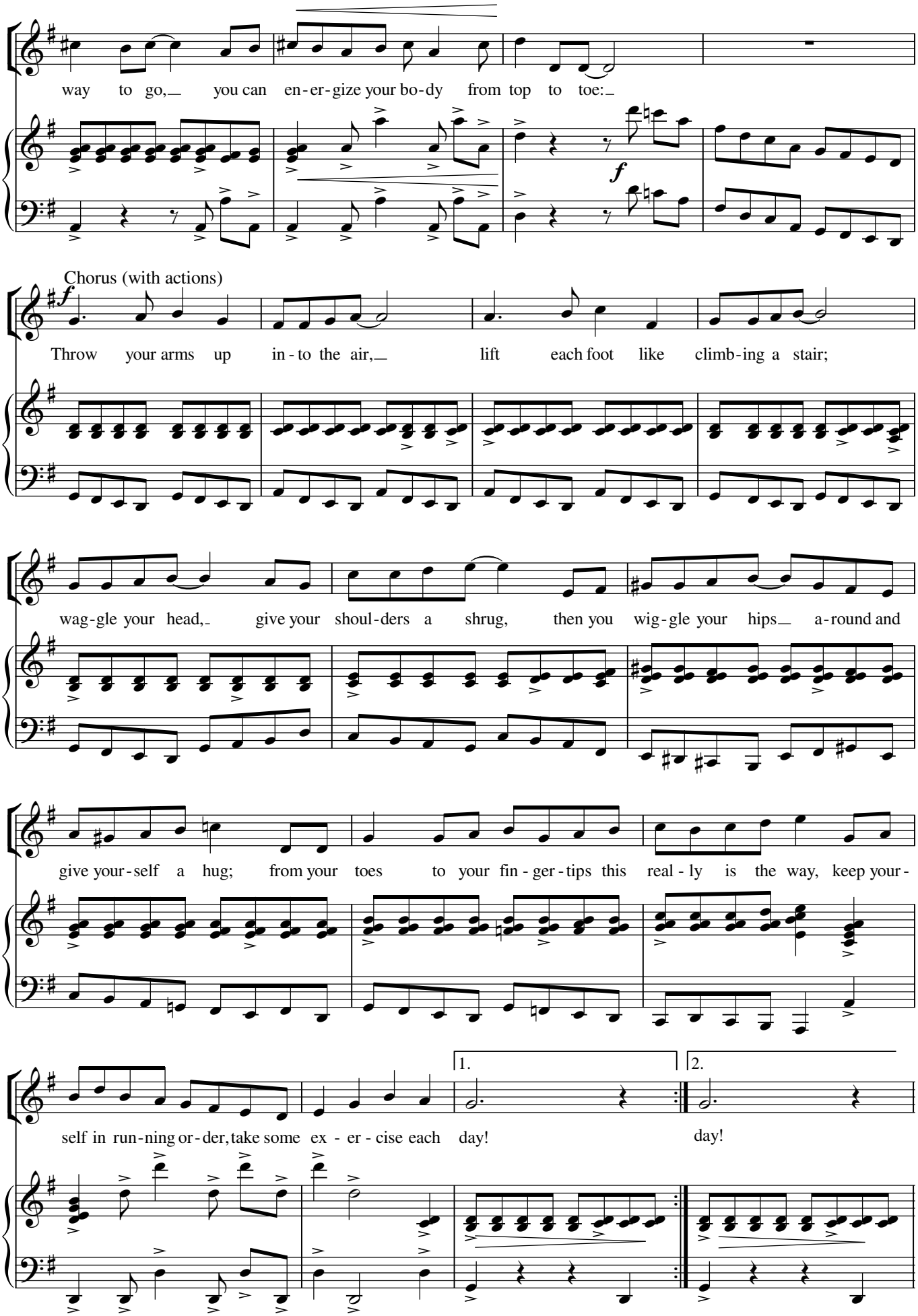

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